

Student Services – Care & Counseling

Mission Statement:	Objectives (What are the broad categories that help define your mission statement?)	Outcome(s) (How will you measure each objective? Be sure to establish a measurable goal.)	Summary of Assessment Data (What did the data show against your desired goal?)	Application of Data (How will you use this data?)
<p>The Care and Counseling office seeks to provide counseling consistent with biblical truth, and to cultivate the application of God's Word to students' lives through spiritual, emotional, intellectual, physical and social development.</p> <p><i>The Care and Counseling office seeks to provide for our students by offering counseling consistent with biblical truth, and to cultivate spiritual formation through the application of God's Word to their lives in order to encourage through spiritual, emotional, intellectual, physical and social development.</i></p>	<ol style="list-style-type: none"> The Director of Counseling Services will be available to meet with students on a regular basis to provide short-term counseling regarding issues of mental health, emotional, behavioral, social and spiritual matters. The Director of Counseling Services will provide outside counseling referral sources for students who need more long-term or issue specific therapeutic intervention. Care and Counseling Services will provide educational seminars to help students learn about and be more proactive towards mental health, social and spiritual issues. Care and Counseling Services will provide educational materials about specific mental health issues highlighted on a national basis to help students gain a better understanding of their impact on society. The Director of Counseling Services will provide training to RA's to help them work with students in the resident halls who are struggling with therapeutic issues. 	<ol style="list-style-type: none"> Office hours are from 8:00 AM – 4:00 PM Monday through Friday to meet with students on a short-term basis. The Director of Counseling Services is also available on an emergency basis during off-hours and weekends to both students and resident life staff as the need arises. Student satisfaction surveys will be given at the termination of counseling sessions to rate the services provided. Develop a list of referral sources of counseling agencies in the area in order to give students options for counseling services. Encourage students who need long-term or more issue specific counseling to consider the different options available to them. Offer four seminars a year that center around issues that directly impact the student body. Create a curriculum that would rotate through pertinent issues to expose the LBC student to a variety of mental health, social and spiritual issues. Attendance records will be taken and evaluation forms will be provided to rate the seminar. Target certain highlighted times of the year when national attention is brought to significant mental health issues (i.e. National Eating Disorder Awareness Week, National Depression Screening Day) Meet with the RA's and Resident Life staff during RA orientation and once a semester during the regular school year to train them on issues that pertain to their roles with the resident students. Also be available for one on one consultation with RA's on an as needed basis. 	<ol style="list-style-type: none"> During the Spring 2006 and Fall 2006 semesters I have met with approximately ____ number of students. Satisfaction surveys were handed out but none were returned. Many students have stopped by the office on a one time basis looking for guidance and direction but have not engaged in regular counseling. A list of at least several Christian and non-Christian counseling agencies is available for students to use when requested or necessary. During the Spring 2006 semester an eating disorder was scheduled and attended by approximately thirteen people. During the Fall 2006 semester a three part seminar series on identity was schedule but cancelled because of lack of student interest. One part of the series was later presented in an options chapel. During the Spring 2006 and Fall 2006 semesters there were three national highlights of mental health issues shared with the student body through emails and various other publications. In the Spring 2006 semester I meet with the RA's. I also provided training during the RA orientation in August 2006. I have met with several RA's individually as different situations occurred. 	<ol style="list-style-type: none"> I will continue to make myself available to students for counseling sessions. I will also find more ways to promote and make the student body aware of counseling services and what is available to them. I will continue to develop a list of referral sources for students to utilize when needed. I will find different methods of promoting seminars and scheduling them at an optimum time for students to attend. I will also try to utilize student leadership to help plan and promote future seminars. I will find different venues to share this information and look into professionals who can speak to these subjects. I will also research other issues that would be beneficial to highlight as well. I will continue to make myself available and scheduled a training session each semester.